

Solina

MONTHLY MONITOR

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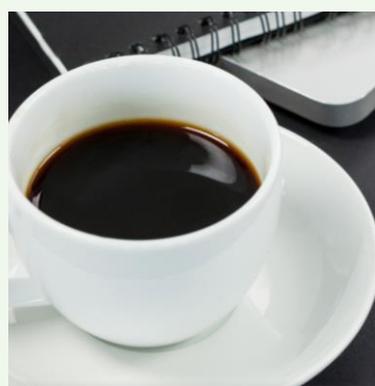
05 The role of champions in applying the HCD process

The team supported the World Health Organization (WHO) Digital Finance team to develop a national database of health workers ahead of the Polio campaign to enable Burkina Faso's Ministry of Health use mobile money to pay health workers reliably and quickly.



Announcement

Staff capacity building session holds next month.

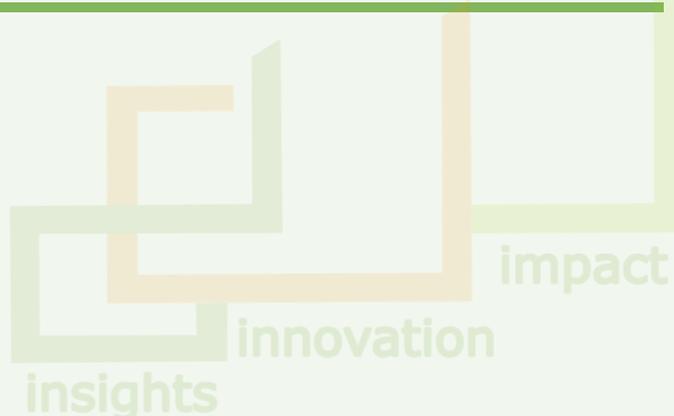


Monthly Motivation

Prudence: An inner strength!

Shout out

Kudos to the USAID ACE, EMID Proposal, Gavi Zero dose, CRUK's HPV Vaccine Introduction proposal, and NNRISP NCE proposal writing teams. We hope for the best! You are the real MVPs.



From the ED's Desk



Dear Colleagues,

Welcome to the September edition of the Solina Monthly Monitor newsletter!

The purpose of the newsletter is to increase connectivity among us, and to keep all colleagues abreast of the rapidly expanding breadth of our work and impact at SCIDaR. In addition to the Monday morning Motivation, which is now somewhat of a weekly staple for us, this edition spotlights two of our ongoing programs – Capacity building support to National Malaria Elimination Program (NMEP), and the Smiles for Mothers Project. I encourage you all to review these and connect with colleagues working on those programs to ask questions and suggest ways to deliver more impact for our clients and partners. Each future edition of this publication will spotlight one or two programs similarly.

As with everything else, the newsletter serves us best if we adopt a co-creation mindset and join hands to shape it to fit our collective needs. As such, I encourage each of you to reach out to the communications team with feedback and contributions to this and future editions. I believe that the team will continue to accept articles and contributions from interested staff.

I hope you all engage with and truly enjoy the content.

Thank you all, once again, for all you do for our organization and our world.

God bless!



Dr. Muyi Aina
Executive Director



Project Update

NMEP: In class training session facilitation



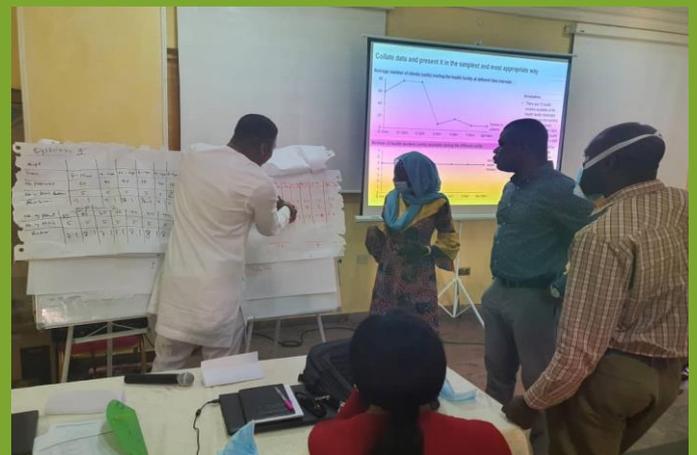
The National Malaria Elimination Program (NMEP-ICS) leadership and management capacity building program team facilitated an in-class training for the first cohort of NMEP staff that held from the 6th of September, 2021 to the 17th of September at Casa de Lucy Hotel, Gudu, Abuja.

In attendance were sixteen (16) shortlisted participants across five (5) branches of NMEP (ACSM, PSM, PM, IVM, SMEOR), NMEP National Coordinator, Mr. Aro Modiu, Head of PM Branch, NMEP and NMEP-ICS team.

Over the seven (7) days, participants received training on three leadership and management modules which are problem-solving, MS PowerPoint, and Business Writing and Communication.

Specific activities conducted during the period included: Group exercises to facilitate the hands-on practice of knowledge acquired, and foster cross-learning and teamwork. Assignments and post-tests were administered to assess and consolidate the knowledge gained.

Participants attested to the interactive sessions, excellent delivery, and practicality of lessons learned for immediate application in their day-to-day roles.



Project Update

Smiles for Mothers: The role of champions in applying the HCD process



The Smiles for Mothers Human-Centred Design (HCD) team has continued to coordinate and support champions in the program states (Lagos, Kano and Niger) to complete the three phases of the HCD process – co-research, co-design and co-refinement phases.

The champions, which includes representatives from the Directorate of Public Health, Pharmaceutical Services, Nursing Services, Maternal and Child Health Departments across the State Ministry of Health and its parastatals, are learning the value of HCD and its role in improving public health outcomes so they can ultimately facilitate the use of HCD for subsequent public health interventions in their respective states. A total of forty-one (41) champions have been trained so far on data collection across Niger, Kano, and Lagos States.

The champions in Lagos state just concluded the co-research phase to understand the contextual knowledge gaps in clinical care and appropriate use of uterotonics for Postpartum Hemorrhage (PPH) prevention and treatment.

The champions, through their research found out that about 85% of pregnant women in Lagos have received information about PPH and the common sources of information are the healthcare facilities; community members, including family and friends; from schools; and on the internet. However, 67% of the facilities visited had recorded PPH related deaths, and twenty-two (22) care workers interviewed had experienced PPH cases within the month.

After the completion of the co-design phase, the Champions will start preparing for the upcoming co-refinement phase of the program which focuses on testing the solutions they have developed with support from the HCD team across the states.





Monthly Motivation

Prudence: An Inner Strength

Prudence, one of our sterling values at Solina means being careful about your choices, stopping and thinking before acting. It is a strength of restraint. When you are prudent, you are not taking unnecessary risks and not saying or doing things you might regret later. If you are high in prudence, you can consider the long-term consequences of your actions. Prudence is a form of practical reasoning, the ability to objectively examine the potential consequences of your actions and control yourself based on that examination.

Prudence is an inward-focused, forward-looking discipline. The evaluation of prudence is best made by looking in your rearview mirror, back at decisions you have made to confirm that the sacrifices you endured were justified by the rewards you earned.

Prudence is enabled by other character strengths like patience, faith, modesty, humility, grace, and wisdom. A person that lacks patience, modesty, and grace probably gives very little thought to the value of prudence.

Is prudence a strength or a weakness in your character? If yes or no, how do you know?

Simply put, a prudent person uses wisdom, experience and logic to examine a situation and then examines the possible consequences before making a decision. Prudent people look to the future and resist impulsive actions that might interfere with their goals. They are patient, working to balance personal and work plans. Prudence is also known as practical wisdom or rational choice, and it is one of the cornerstones of the art of living.

Some Characteristics of Prudent People:

- ❖ Save for the future
- ❖ Consider both short-term and long-term benefits and potential problems before making decisions. In other words, they weigh the pros and cons of a decision
- ❖ Resist impulsive decisions, focusing instead on long-term goals
- ❖ Think about life choices in a way that is deliberate, reflective and practical
- ❖ Coordinate their various goals and interests in ways that create a stable, coherent approach to life. Many of their dreams and interests involve relationships with others
- ❖ Live their lives deliberately, purposefully, and thoughtfully, not simply reacting to whatever happens

“ **The evaluation of prudence is best made by looking in your rearview mirror, back at decisions you have made to confirm that the sacrifices you endured were justified by the rewards you earned.** ”



Celebration corner



Birthday September Celebrants



Muyi Aina
3rd September



Emmanuel Kpalap
4th September



Briend Kilone
4th September



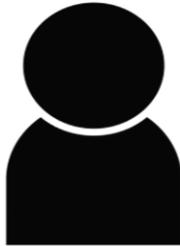
Naanma Kangkum
6th September



Samuel Otu
9th September



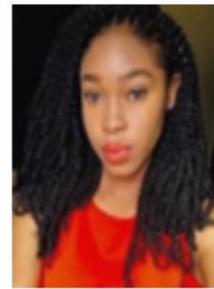
Chioma Emmanon
9th September



Gift Wigbudu
11th September



Ihunnaya Njemanze
11th September



Isioma George
11th September



Musibau Elewide
11th September



Joshua Moses
12th September



Happiness Ottuk
12th September



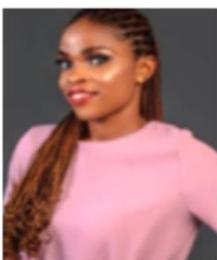
Charity Luka
13th September



Umar Musa
14th September



Muhammed Salihu
14th September



Joyce Nwauwa
18th September



Love Chioma Ogujiofor
26th September



King Ewa-Henshaw
28th September



Eneojo Shaibu
29th September



Halima Buba
30th September



Celebration corner



Naming ceremonies



Olaitan Oyediran

Kolmadji Guidita

Francis Fatoye

Tsikasom Tukki





Random pictures

September at a glance



Coach Kenneth breaking the facts down at NMEP capacity building



Solina's baby associate at OBR Africa PS Session



Solomon Tseayo repping the ANRiN team



Meet our Gambia queen who made us proud!



Shout out to Dr. La!!!!

He was the first person to complete the puzzle in the last newsletter edition.



Trivia exercise

Caption Oba's expression!

*Best caption winners get a shout-out in the next newsletter edition! *winks*



Special thanks

to the contributors

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(Editor)

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(Co-editor)

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(NMEP Project Update)

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(Polio Africa Project Update)

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(Birthday celebration)

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(Monthly Motivation)

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